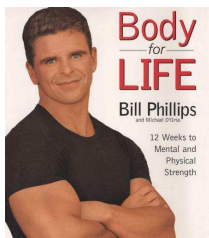
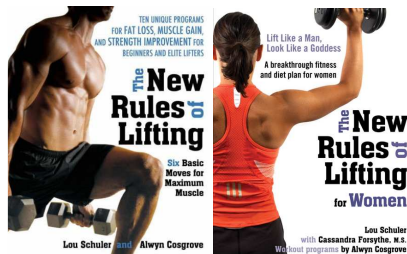


Sam's Top Fitness & Health Books

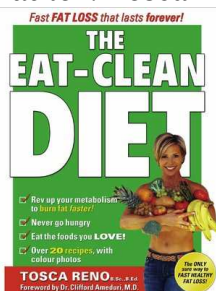
- 1. Body for Life**
Author: Bill Phillips



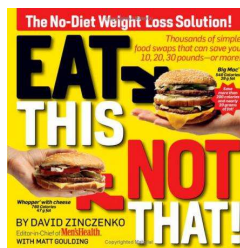
- 2. The New Rules of Lifting**
Author: Lou Schuler



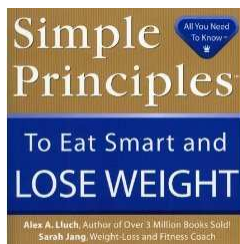
- 3. The Eat Clean Diet**
Author: Tosca Reno



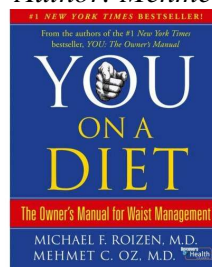
- 4. Eat This Not That**
Author: David Zinczenko



- 5. Eat Smart & Lose Weight**
Author: Alex Lluch



- 6. YOU on a Diet**
Author: Mehmet Oz



- 7. Intuitive Eating**
Author: Evelyn Tribole

